

# Overcoming Obstacles

Follow the instructions to complete the activity.

NAME

DATE

1. What is your goal? Write about what you hope to achieve.

2. What steps do you need to take to reach your goal? Make a list of all of the tasks you need to do to be successful. The first one has been done as an example.

STEP	TASK
1. Read book	Spend 30 minutes reading each night before bed
2.	
3.	
4.	
5.	
6.	

3. What obstacles might you face while trying to achieve your goal?

4. What is your deadline for reaching the goal? Set a specific deadline, and write down the deadline for each task leading up to the goal as well. The first one has been done as an example.

TASK	DEADLINE
1. Finish reading my book	May 8
2.	
3.	
4.	
5.	
6.	
GOAL REACHED	



Remarkable Women

Selena Gomez

Reference: Pages 16–17