

Use the information found in *Skateboarding* to help you complete the following activity.

1. An  is any type of move where the skater jumps without handgrabbing the board.
2. Skateboarding took off after a surfer named Bill  and his son, Mark, thought it would be fun to try surfing on land.
3. Drinking plenty of water before and after exercising is very important. Athletes need to replace the water they lose through .
4. The most basic trick on a ramp is a .
5.  are similar to halfpipes, but are one-sided.
6. Professional skaters can compete in prestigious competitions such as the X , the World Skate Championships, and even the Olympics.

