

True or False

Follow the instructions to complete the activity.

NAME

DATE

Using the information in *Inline Skating*, verify whether the following information is true or false. Check your answers in the book. List the page number where you found your information beside your answer.

Statement 1	The wheels of inline skates are often made of polypropylene, a soft plastic that can stand up to a tough ride.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number <input type="text"/>
Statement 2	Grinding can be done on almost anything sturdy with a thin edge, such as handrails and curbs.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number <input type="text"/>
Statement 3	Skaters should stretch the hamstring muscles in the backs of their legs before skating.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number <input type="text"/>
Statement 4	Shawn Robertson helped make green skates popular with other competitive skaters.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number <input type="text"/>
Statement 5	Rollerblade, Inc., established by the Olson brothers, was the first company to design and sell inline skates.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number <input type="text"/>



Solo Sports: Do It Your Way

Inline Skating

Reference: All Pages

Page
1 of 1

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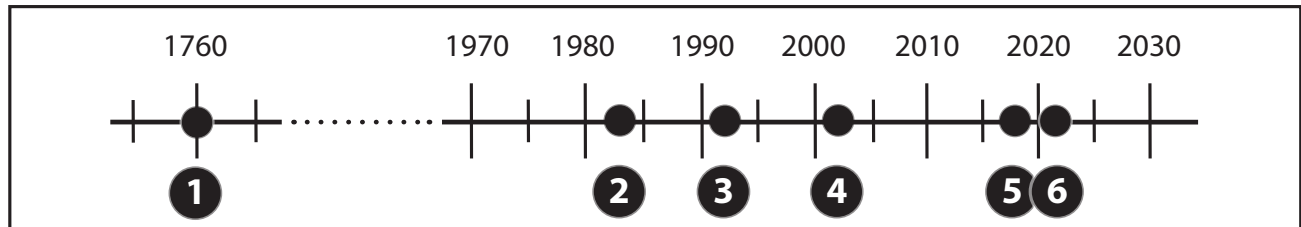
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Use the information found in *Inline Skating* to help you complete the following activity.

1. John Joseph Merlin attached wooden to the bottom of his shoes to create wheels.
2. One difference between ice hockey and roller hockey is that roller hockey allows instead of six players to play at one time.
3. before skating helps prevent muscle strains and injuries.
4. To turn left, a skater moves his or her left foot slightly ahead and points both feet to the .
5. Inline racers skate around markers and try to beat the clock.
6. While inline skating, the easiest way to stop is to drag the brake along the ground.



Number the events below in the order they should appear on the timeline. Write the number in the box beside each event. Check your answers with page 17 of the book.



John Joseph Merlin builds the first roller skates.

Scott Olson founds the company now known as Rollerblade, Inc., which begins manufacturing inline skates.

Inline skating is included in the World Speed Championships for the first time, with inline skates replacing traditional roller skates.

Inline skating and roller skating become increasingly popular on social media, with thousands of people posting videos of tricks and flips on TikTok, Instagram, and other platforms.

The first World Inline Figure Skating Championships take place in Wuppertal, Germany.

Roller speed skating makes its debut at the Summer Youth Olympic Games, held in Buenos Aires.



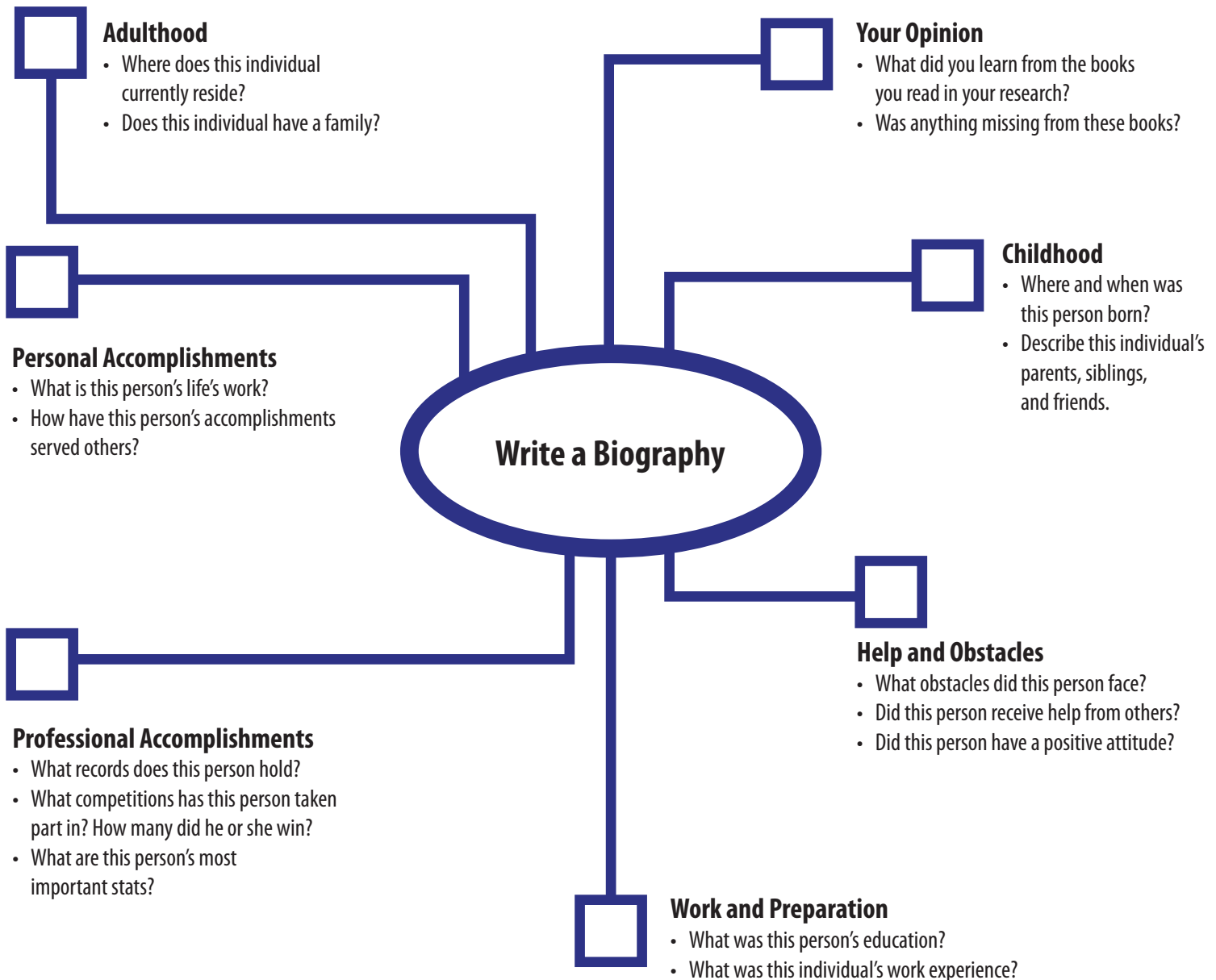
Write a Biography

Follow the instructions to complete the activity.

NAME

DATE

Many past and present skating legends have helped increase the sport's popularity. Research online, and choose a professional inline skater that you are interested in learning more about. Then, try researching and writing a biography about that person using this concept web as a guide.



Complete the statements by writing the correct number in the box.

- | | | | |
|----|---|----------------------|-------------|
| 1. | Distance skaters compete in races such as the Athens-to-Atlanta Road Skate, which is this many miles long. | <input type="text"/> | 0.25 |
| 2. | Inline skating was at its most popular in 1998, with more than this many million people skating across the United States. | <input type="text"/> | 300 |
| 3. | Inline skate sales soared in 2020, with an increase of more than this percentage between March and June. | <input type="text"/> | 4 |
| 4. | For sprinters, races are often about this many miles long. | <input type="text"/> | 87 |
| 5. | Inline skates with this number of wheels are the most common. | <input type="text"/> | 32 |



Key Words Match-Up

Write the words from the list below in the box above the correct definition for each word.

NAME

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KEY WORDS

checking

maneuver

unstable

flatspin

offside

vert

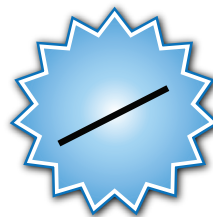
halfpipes

reflective

hydrated

skate parks

Your
Score is



%

1.
something that throws back light

6.
unbalanced

2.
a trick where the skater spins
a full circle in the air

7.
physical contact in hockey
as a form of defense

3.
areas created for inline skating and
skateboarding, with many ramps
and obstacles for skaters to use

8.
U-shaped chutes with curved
sides that are used as a ramp

4.
in a position where a player cannot
legally play the ball or puck

9.
having enough water in the body
to keep it functioning correctly

5.
a style of skating where the skater
performs tricks in the air

10.
perform a planned and
controlled movement



Solo Sports: Do It Your Way

Inline Skating

Reference: All Pages

Quiz

Test your knowledge by answering these quiz questions.

NAME

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1

What is inline skating sometimes also called?

2

What is the easiest way for inline skaters to come to a stop?

3

Which muscles in the back of the legs should inline skaters stretch before skating?

4

During roller hockey games, what do players use instead of a puck?

5

Should beginner skaters try grinding on handrails?

6

Where do vert inline skaters do most of their skating?

7

Which was the first company to design and sell inline skates?

8

When did inline skating make its debut at Summer Youth Olympic Games?

9

How long is the Athens-to-Atlanta Road Skate?

10

How do inline skaters curb launch?

