

True or False

Follow the instructions to complete the activity.

NAME

DATE

Using the information in *Biking*, verify whether the following information is true or false. Check your answers in the book. List the page number where you found your information beside your answer.

Statement 1	Lower gears allow riders to pedal faster. This makes it easier to climb steep hills.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number <input type="text"/>
Statement 2	Leg stretches, such as lunges and V-sits, are not very useful for cyclists.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number <input type="text"/>
Statement 3	In 1920, the Amateur Bicycle League of America was created.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number <input type="text"/>
Statement 4	People have been riding bicycles for about 1,000 years.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number <input type="text"/>
Statement 5	The tires on mountain bike wheels are narrower than road-racing tires and have less space between treads.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number <input type="text"/>



Solo Sports: Do It Your Way

Biking

Reference: All Pages

Page
1 of 1

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