

Fill in the Blank

Follow the instructions to complete the activity.

NAME

DATE

Use the information found in *Stand-Up Paddleboarding* to fill in the blanks below.

1. The World Association (WPA) was started in 2010 by a pair of paddling enthusiasts and focuses specifically on SUP.
2. The proper way to hold a paddle is by gripping the top with one hand and holding the of the shaft with the other hand.
3. In , participants stand on a twin tip board. A large, hand-controlled kite pulls the rider across the water.
4. Worn around the ankle or waist, a secures the board to the paddler.
5. The main goal of surfing is to stand up and ride an unbroken toward the shore.
6. Originating in the U.S. state of , modern SUP is typically attributed to a group of surfing instructors known as the Waikiki Beach Boys.

