

True or False

Follow the instructions to complete the activity.

NAME

DATE

Using information found in the book, verify whether the following statements are true or false. Check your answers in the book. List the page number where you found the information beside your answer.

Statement 1

Handholds are more important to climbers than footholds. This is because arm muscles are much stronger than leg muscles.

- ☐ True
☐ False

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Number

Statement 2

The International Mountaineering and Climbing Federation (UIAA) was formed in 1982 in Paris, France.

- ☐ True
☐ False

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Statement 3

Rock climbing as a sport began in the late 1900s.

- ☐ True
☐ False

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Statement 4

The first climbers to ascend a new rock climbing route give the route a difficulty rating.

- ☐ True
☐ False

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Statement 5

In traditional, or free, climbing, climbers make their own path up the rock.

- ☐ True
☐ False

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