

# Know Your Equipment

Follow the instructions to complete the activity.

NAME

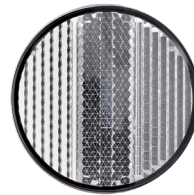
DATE

Using the information found on pages 6 and 7 of the book, label each piece of equipment shown below. Identify its purpose and explain why it is important.







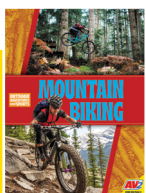









**Sunglasses   Helmet   Clothing   Reflectors   Gloves   Trail Repair Kit**



Outdoor Adventures and Sports

Mountain Biking

Reference: Pages 6–7

Page  
1 of 1

**LIGHTBOX**  
LEARNING

©2023 Lightbox Learning Inc. All rights reserved.  
www.openlightbox.com