

True or False

Follow the instructions to complete the activity.

NAME

DATE

Using information found in the book, verify whether the following statements are true or false. Check your answers in the book. List the page number where you found the information beside your answer.

Statement 1

Mountain bikers should wear loose clothing to prevent fabric from rubbing against their skin as they ride.

☐

True

☐

False

Page
Number

Statement 2

A mountain bike's handlebars are raised higher than those of a road bike.

☐

True

☐

False

Page
Number

Statement 3

Bicycle motocross, or BMX, racing is a combination of mountain biking and cycling.

☐

True

☐

False

Page
Number

Statement 4

Competitive international mountain biking began at the 1990 Mountain Bike World Championships.

☐

True

☐

False

Page
Number

Statement 5

When riders reach a muddy, sandy, or wet patch of land, it is important to shift the bike into a lower gear.

☐

True

☐

False

Page
Number

