

The Ultimate Frisbee Field

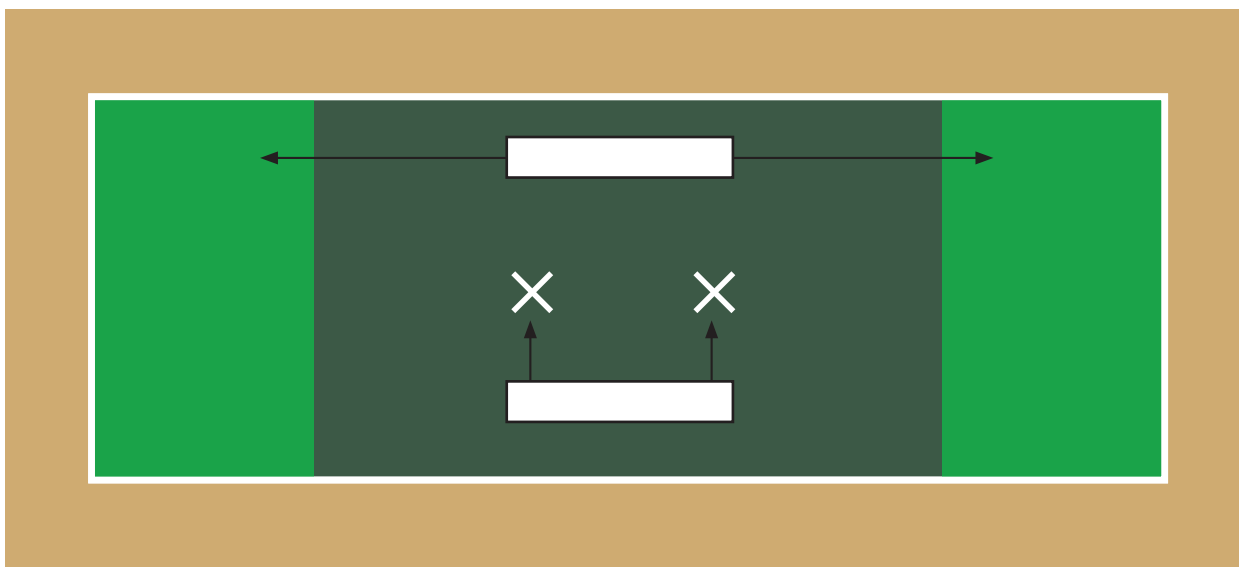
Follow the instructions to complete the activity.

NAME

DATE

Fill in the blanks in this diagram of an ultimate frisbee field.

- Brick marks
- End zones



True or False

Follow the instructions to complete the activity.

NAME

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Using the information found in the book, verify whether the following statements are true or false. Check your answers in the book. List the page number where you found the information beside your answer.

Statement 1	Official ultimate frisbee tournaments are played only on real grass fields.	<input type="radio"/> True <input type="radio"/> False	Page Number <input type="text"/>
Statement 2	Ultimate frisbee was first known as "frisbee football."	<input type="radio"/> True <input type="radio"/> False	Page Number <input type="text"/>
Statement 3	Wearing the right shoes can help prevent injuries caused by slipping and skidding.	<input type="radio"/> True <input type="radio"/> False	Page Number <input type="text"/>
Statement 4	Rowan McDonnell is considered one of the most versatile players in the game of ultimate frisbee.	<input type="radio"/> True <input type="radio"/> False	Page Number <input type="text"/>
Statement 5	There are more than 1000 college ultimate frisbee teams in the United States.	<input type="radio"/> True <input type="radio"/> False	Page Number <input type="text"/>



Use the information found in *Ultimate Frisbee* to help you complete the following activity.

1. Ultimate frisbee is one of the fastest-growing sports in North America.
2. With a focus on the of the Game, ultimate frisbee teaches players good sportsmanship.
3. To avoid injuries, players usually warm up by before each game.
4. catches are when players catch the disk between both hands, as if they are clapping.
5. The person holding the disk is the . He or she will throw the disk to a teammate.
6. A bag is a good way to carry ultimate frisbee easily and keep the disks safe.



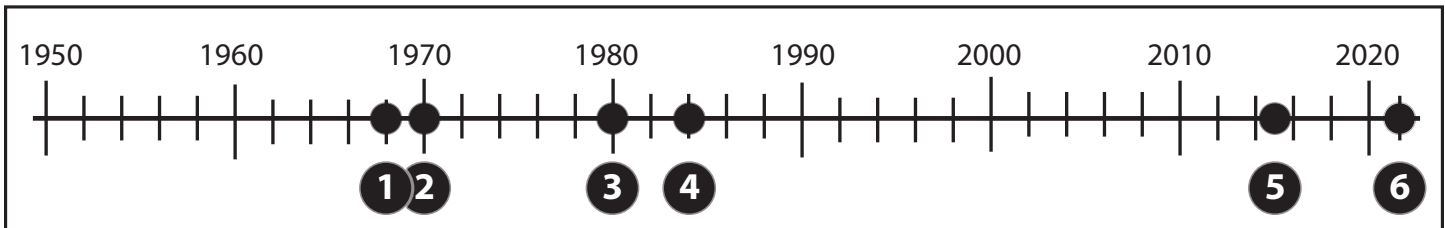
Timeline

Follow the instructions to complete the activity.

NAME

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Number the events below in the order they should appear on the timeline. Write the number in the box beside each event. Check your answers with page 17 of the book.



Joel Silver, Buzzy Hellring, and Jon Hines, three students at Columbia High School, write the first set of rules for ultimate frisbee.

The first official game of ultimate frisbee is played at Columbia High School in Maplewood, New Jersey.

The International Olympic Committee (IOC) officially recognizes the WFDF. This means that ultimate frisbee could eventually become an Olympic sport.

The first Ultimate European Championship is played in Paris, France, and is won by Finland.

The United States defends its mixed team ultimate title at the World Games, held in Birmingham, Alabama.

The World Flying Disk Federation is formed.



Complete each statement on the left by selecting an answer from the right and writing its letter in the box beside the statement.

1. Official ultimate frisbee disks have a diameter of this many inches. **A. 17**

2. The Lebanon Sports Complex, in Cincinnati, Ohio, has this many ultimate frisbee fields. **B. 7**

3. Leslie Calder won this many Canadian Championships between 1994 and 2007. **C. 29**

4. An ultimate frisbee game is over when a team reaches this many points. **D. 85**

5. The longest ultimate frisbee marathon lasted this many hours and 1 minute. **E. 10.5**



Key Words Match-Up

Write the words from the list below in the box above the correct definition for each word.

NAME

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KEY WORDS

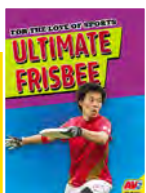
diameter	obstacles
end zone	opposing
fouls	studs
frisbee	synthetic
governs	versatile



%

- actions that are against the rules of a sport
- objects that block someone's way
- able to do many different things
- made by people, often as a copy of something natural
- the distance from one point on the edge of a circle, through the circle's center, to the point on the opposite side

- a disk made of plastic that people throw and catch as part of a game
- an area at the end of a playing field
- small pieces of metal, plastic, or rubber that project from a surface, such as the sole of a shoe
- competing or fighting against each other
- controls, directs, or strongly influences the actions and conduct of something



Quiz

Test your knowledge by answering these quiz questions.

NAME

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1

Who invented the frisbee?

2

What kind of shoe should an ultimate frisbee player wear?

3

How long is an ultimate frisbee field?

4

How often are the World Ultimate Club Championships held?

5

What is a pancake catch?

6

How many players make up an ultimate frisbee team?

7

What is the name of the organization that governs ultimate frisbee around the world?

8

In what year was the Ultimate Players Association formed?

9

Who is known as the "King of Beach Ultimate"?

10

In which city was the 2022 World Ultimate Club Championships held?

