

The Playing Field

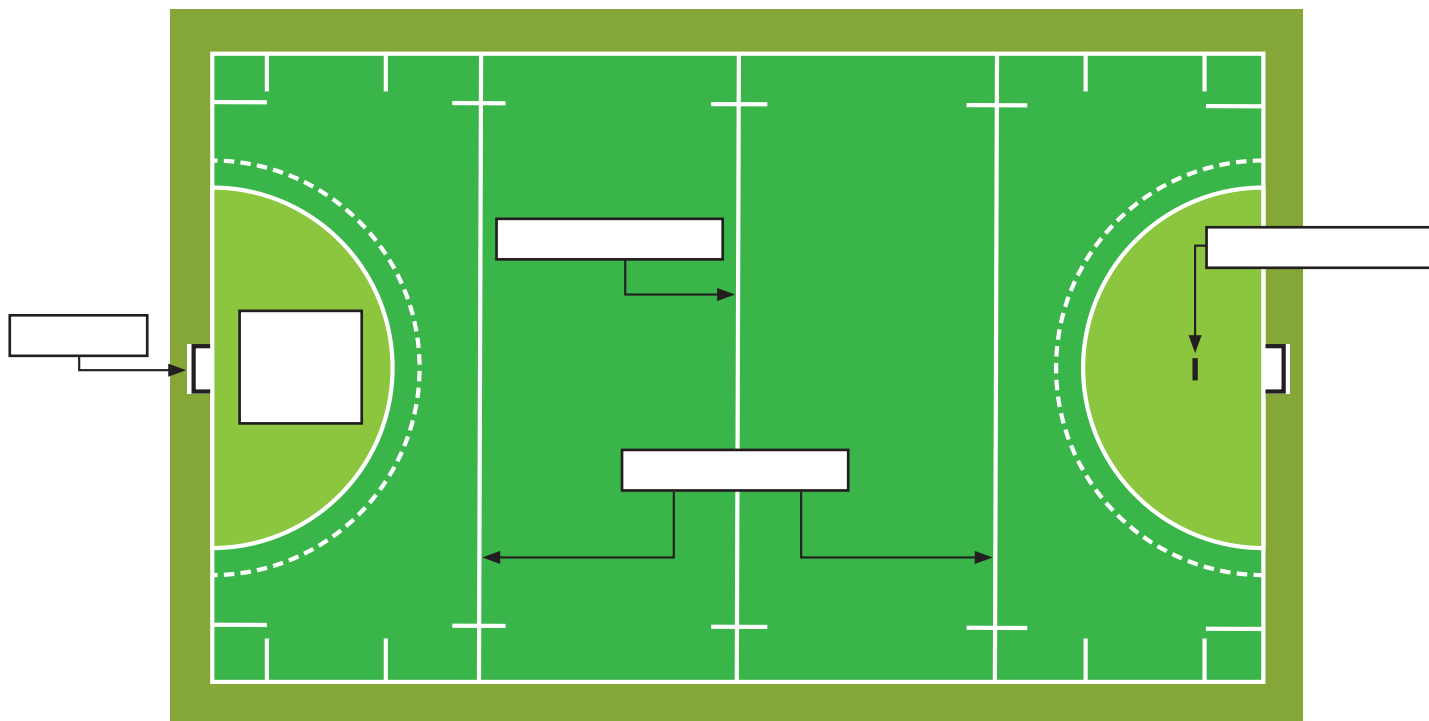
Follow the instructions to complete the activity.

NAME

DATE

Fill in the blanks in this diagram of a the field hockey playing field.

- a. 25-yard line
- b. Center line
- c. Goal
- d. Penalty spot
- e. Striking circle



True or False

Follow the instructions to complete the activity.

NAME

DATE

Using the information found in the book, verify whether the following statements are true or false. Check your answers in the book. List the page number where you found the information beside your answer.

Statement 1

Pakistan holds the world record for the most men's World Cup wins, with seven.

☐ True

☐ False

Page
Number

Statement 2

The sweeper plays right in front of the goalie and helps defend the net.

☐ True

☐ False

Page
Number

Statement 3

Umpires call penalties for dangerous play and bad behavior.

☐ True

☐ False

Page
Number

Statement 4

The word "hockey" probably comes from the Finnish word *hoquet*, which means "shepherd's stick."

☐ True

☐ False

Page
Number

Statement 5

Scotland was the first team to win an Olympic gold medal in field hockey.

☐ True

☐ False

Page
Number



Fill in the Blanks

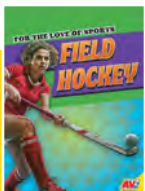
Follow the instructions to complete the activity.

NAME

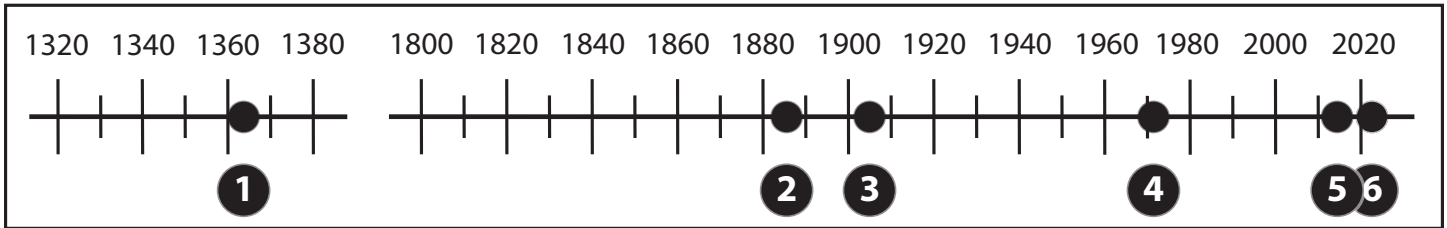
DATE

Use the information found in *Field Hockey* to help you complete the following activity.

1. It is important to eat five to nine servings of a day.
2. Athletes under the age of 21 can compete at the Hockey World Cup.
3. Players may only touch the ball with the face, or part, of their sticks.
4. With a total of 12 medals, 8 of them gold, India has more field hockey medals than any other country.
5. protect a player's teeth from flying balls or high sticks.
6. Native Americans played an earlier version of field hockey with sticks made from animal and balls made from deerskin.



Number the events below in the order they should appear on the timeline. Write the number in the box beside each event. Check your answers with page 17 of the book.



The first field hockey World Cup is held in Barcelona, Spain. Pakistan takes home the gold medal.

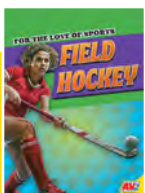
The Hockey Association is formed in London, England. The group creates a set of rules and regulations for all field hockey teams to follow.

The U.S. women's field hockey team wins at the Pan American Games in Toronto, Canada.

Belgium wins the gold medal in men's field hockey at the Tokyo Olympics. The Netherlands wins the gold in women's field hockey.

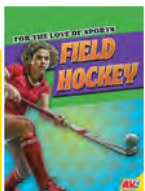
Field hockey players begin to wear protective equipment, such as shin and knee guards.

The first recorded use of the name "hockey" occurs when King Edward III of England bans sports for the working class.



Complete each statement on the left by selecting an answer from the right and writing its letter in the box beside the statement.

- | | | | |
|----|---|----------------------|---------------|
| 1. | In outdoor field hockey, a game has four quarters, each lasting this many minutes. | <input type="text"/> | A. 300 |
| 2. | Tampa Bay's Tournament SportsPlex facility has this many full-sized fields. | <input type="text"/> | B. 103 |
| 3. | Field hockey holds the record for the fastest swing speed in any sport, with a speed of this many miles per hour. | <input type="text"/> | C. 10 |
| 4. | Field hockey is now played in more than this many different countries. | <input type="text"/> | D. 15 |
| 5. | There are more than this many hockey clubs across the Netherlands. | <input type="text"/> | E. 100 |



Key Words Match-Up

Write the words from the list below in the box above the correct definition for each word.

NAME

DATE

KEY WORDS

agility training	penalty stroke
conditioning	sideline
fiberglass	stick interference
intercepts	striking circles
penalty corner	umpire

Your Score is



%

1.
exercising and eating well to make the body fit

2.
semi-circles on the field in front of the goal cages

3.
a free shot at the other team's goal taken from at least 7 yards (6 m) out only the goalie and the shooter take part

4.
stops a player and takes the ball away

5.
a line that runs along the borders of the field

6.
a strong, light material made of plastic with thin glass fibers

7.
a free shot at the other team's goal taken from outside the striking circle; several teammates on both teams are involved in the play

8.
a foul called when a player brings his or her stick in contact with another player's stick

9.
training that improves quickness and the ability to change directions while in motion

10.
a person who enforces the rules of the game



Quiz

Test your knowledge by answering these quiz questions.

NAME

DATE

1

When was the All England Women's Hockey Association created?

2

How much do field hockey sticks usually weigh?

3

When did Constance Applebee introduce field hockey to the United States?

4

In which Olympic Games did Grant Schubert win a gold medal?

5

In outdoor field hockey, how many players from each team are on the field in addition to the goalie?

6

How many Olympic gold medals does India have in field hockey?

7

What are defenders on the back line called?

8

When was Kate Barber born?

9

How long are outdoor field hockey fields?

10

How often is the field hockey World Cup held?

