

The Ring

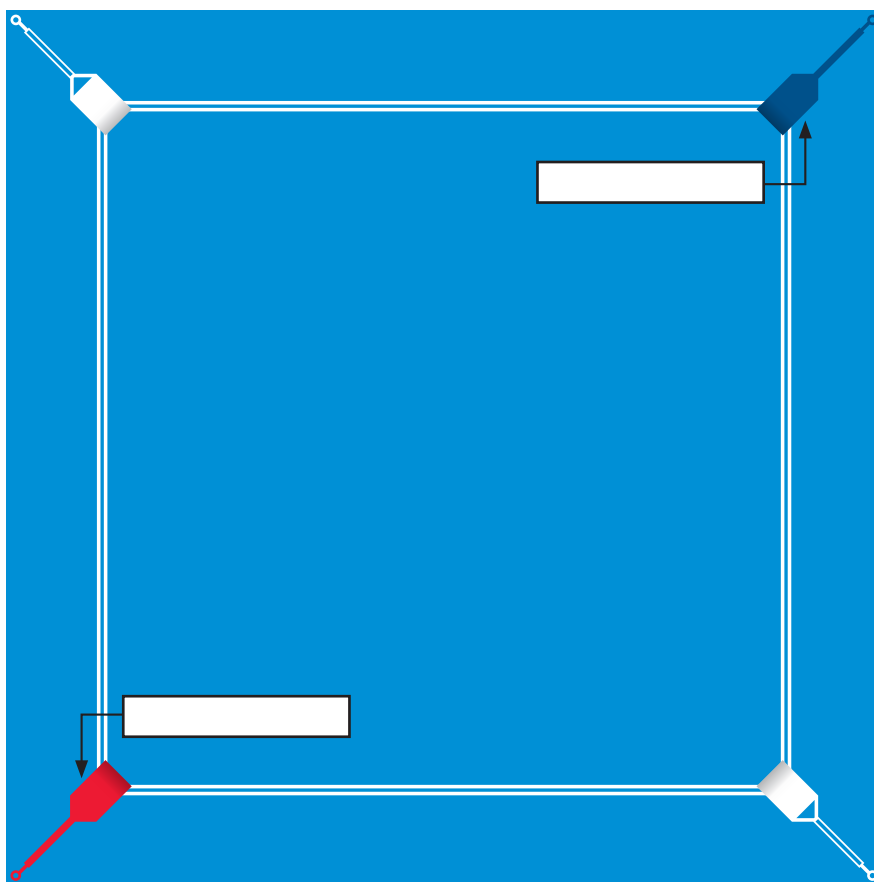
Follow the instructions to complete the activity.

NAME

DATE

Fill in the blanks in this diagram of a the boxing ring.

- Blue corner
- Red corner



True or False

Follow the instructions to complete the activity.

NAME

DATE

Using the information found in the book, verify whether the following statements are true or false. Check your answers in the book. List the page number where you found the information beside your answer.

Statement 1

Heavyweight is the highest weight class in men's professional boxing.

☐ True

☐ False

Page
Number

Statement 2

Ray Robinson's nickname came from his manager, who told a reporter that Robinson was as "spicy as hot chili pepper."

☐ True

☐ False

Page
Number

Statement 3

Fighters can hit an opponent who has been knocked down.

☐ True

☐ False

Page
Number

Statement 4

Boxing matches may have also taken place in ancient China.

☐ True

☐ False

Page
Number

Statement 5

Amateur boxing judges sometimes press buttons on a machine to register hits.

☐ True

☐ False

Page
Number



Fill in the Blanks

Follow the instructions to complete the activity.

NAME

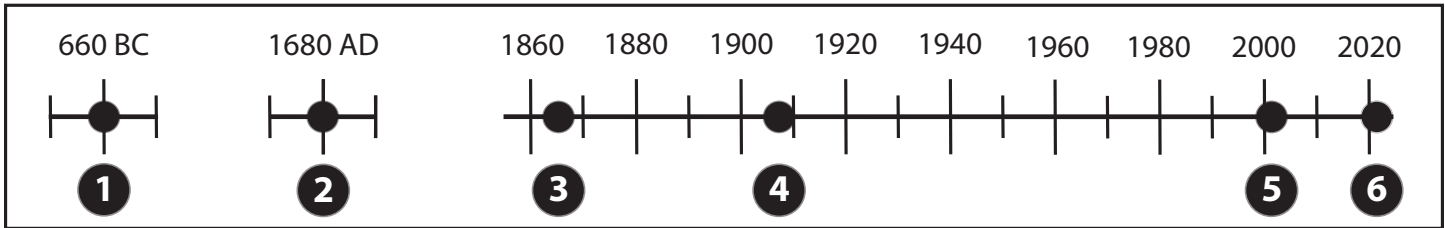
DATE

Use the information found in *Boxing* to help you complete the following activity.

1. Norwegian boxer Cecilia Brækhus is known as the “First of Boxing.”
2. Training with a heavy helps boxers learn to dodge and block as they would when fighting a real opponent.
3. Boxers are not permitted to hold the for support while punching.
4. Claressa Shields is the only American boxer to win consecutive medals, in 2012 and 2016.
5. boxing champion Jack Broughton was known as “the father of English boxing.”
6. Ring keep fighters warm before they step into the ring.



Number the events below in the order they should appear on the timeline. Write the number in the box beside each event. Check your answers with page 17 of the book.



Jack Johnson becomes the first African American world heavyweight champion.

The first known official boxing event takes place. It is held in Greece during the 23rd Olympics.

The first boxing bout held in Great Britain is recorded. By the late 18th century, the sport is introduced to the United States.

At age 14, Giselle Salandy becomes the youngest person ever to win a world boxing title.

Claressa Shields becomes the first person in the four-belt era to win undisputed championships in two different weight divisions.

The Marquess of Queensberry rules are first published in Great Britain. They were written by journalist and sportsman John Graham Chambers. These rules are still observed today.



Complete each statement on the left by selecting an answer from the right and writing its letter in the box beside the statement.

- | | | | |
|----|---|----------------------|----------------|
| 1. | The fastest boxing match on record lasted only this many seconds. It was over in one punch. | <input type="text"/> | A. 2021 |
| 2. | Amateur boxing events usually have a panel of this many judges. | <input type="text"/> | B. 4 |
| 3. | In this year, Saul “Canelo” Alvarez became the first undisputed super middleweight champion. | <input type="text"/> | C. 1990 |
| 4. | In this year, Christy Martin became the first woman inducted into the Nevada Boxing Hall of Fame. | <input type="text"/> | D. 5 |
| 5. | In this year, Jack Dempsey was inducted into the International Boxing Hall of Fame. | <input type="text"/> | E. 2016 |



Key Words Match-Up

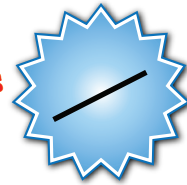
Write the words from the list below in the box above the correct definition for each word.

NAME

DATE

KEY WORDS

Your
Score is



%

amateur	jabs
bouts	lean
competitors	prizefighting
disqualification	referee
gate	sparring

- boxing matches
- straight punches from the forward-most hand
- to become ineligible for a prize or competition due to breaking the rules
- a cut of meat with low fat
- the amount of money taken at a sporting venue through ticket sales

- the person who makes sure the rules are followed during a match
- practicing boxing moves with an opponent
- a person who competes in a sport for fun or to win awards
- people who face off against each other in events
- a professional boxing contest with money as a prize



Quiz

Test your knowledge by answering these quiz questions.

NAME

DATE

1

Where did "The Fight of the Century" take place?

2

When was women's boxing officially recognized as an Olympic sport?

3

What is it called when someone breaks a rule in boxing?

4

How long are the rounds in men's boxing?

5

Where was the first formal boxing event held?

6

Who was the first person to earn three world heavyweight champion titles?

7

Which two pieces of protective gear are required for all boxers?

8

Which three things should a boxer's diet include?

9

How are professional boxing matches scored?

10

Who was the first African American world heavyweight champion?

