

NAME

DATE

Use the information found in *Boxing* to help you complete the following activity.

1. Norwegian boxer Cecilia Brækhus is known as the "First ______ of Boxing."

- 2. Training with a heavy helps boxers learn to dodge and block as they would when fighting a real opponent.
- 3. Boxers are not permitted to hold the ______ for support while punching.
- 4. Claressa Shields is the only American boxer to win consecutive medals, in 2012 and 2016.
- 5. _____ boxing champion Jack Broughton was known as "the father of English boxing."
- 6. Ring keep fighters warm before they step into the ring.





