

NAME

DATE

Use the information found in *Whitewater Rafting* to fill in the correct words and complete each sentence.

1. River water may be freezing cold from or warm enough to swim in.

2. Competitive whitewater rafters usually train as a

3. Many rafts used for whitewater rafting today are self-

- **4.** As rafting teams become more experienced, they can compete in bigger events such as national and world ______.
- **5.** As a raft bumps up and down, the rafters need strength and control to keep their ______.
- **6.** Cold-weather rafters wear jackets or ______.



Extreme Adrenaline Whitewater Rafting Reference: All Pages

