

## True or False

Follow the instructions to complete the activity.

NAME

DATE

Using the information in *Modern Dance*, verify whether the following information is true or false. Check your answers in the book. List the page number where you found your information beside your answer.

### Statement 1

Modern dancers use their body weight to make dramatic movements.

- ☐ True  
☐ False

Page  
Number

### Statement 2

Modern dance expresses movement through emotion.

- ☐ True  
☐ False

Page  
Number

### Statement 3

Costume, light, music, and movement are all choices and additions that make modern dance strong.

- ☐ True  
☐ False

Page  
Number

### Statement 4

Modern dance is very structured. Classical ballet is not.

- ☐ True  
☐ False

Page  
Number

### Statement 5

Bare feet allow dancers to feel the floor.

- ☐ True  
☐ False

Page  
Number



Just Dance

Modern Dance

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## Fill in the Blanks

Follow the instructions to complete the activity.

NAME

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Use the information found in *Modern Dance* to help you complete the following activity.

1. Many top dancers work with companies. Some  in modern dance.
2. After years of study, you can  for a company.
3. Modern dance pushes your body to its limits. Warm up by .
4. Try to keep your weight balanced on the  of your feet.
5. Modern dancers  through movement.
6. Professional dance  showcase the best of modern dancing.



Just Dance

Modern Dance

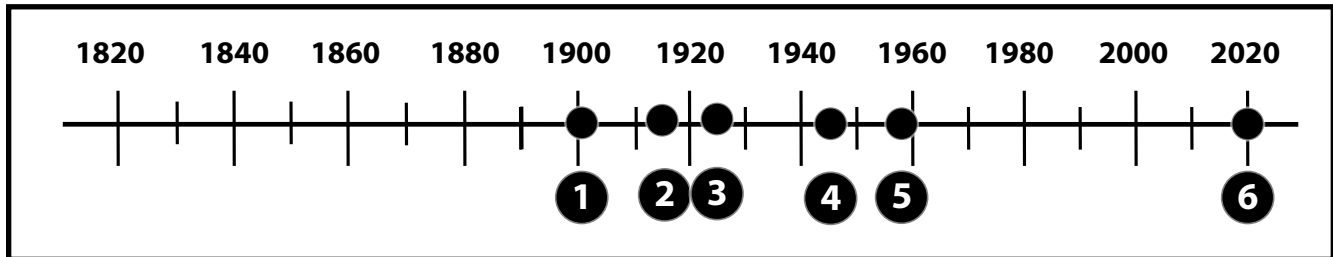
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Number the events below in the order they should appear on the timeline. Write the number in the box beside each event. Check your answers with pages 10–11 of the book.



Loie Fuller and Isadora Duncan tour Europe together. They take chances with creative stage lighting, costumes, and movement.

Modern dance pioneer Martha Graham founds the Martha Graham Dance Company in New York.

Alvin Ailey opens the Alvin Ailey American Dance Theatre. He uses modern dance to focus on the African-American experience. The company becomes one of the most successful dance companies in the world.

Ruth St. Denis and Ted Shawn, two of the first modern dance teachers, open the Denishawn School of Dancing and Related Arts.

José Limón opens the José Limón Dance Company with former Denishawn instructor, Doris Humphrey. Here, he creates the Limón technique which focuses on breath and body weight while dancing and is still used today.

Modern dance teachers encourage students to study choreography and kinesiology. Several colleges offer joint dance and kinesiology programs. Studying kinesiology helps modern dancers understand their body movements better and prevent injury.



## Try It Out

Follow the instructions to complete the activity.

NAME

DATE

Think of an idea or event that creates a strong feeling in you. The feeling might be anger or joy. It might be sadness or fear. It might be some other emotion. Briefly identify and explain this event and this feeling in the space below.

How can you express that feeling to others with only your movements?



Complete the statements by entering the correct number in the box.

1.

Alvin Ailey opened the Alvin Ailey American Dance Theatre in this year.

**1933**

2.

The Paul Taylor Dance Company opened in this year and is one of the longest running modern dance companies in the United States.

**4**

3.

In this year, Ted Shawn founded the first all male modern dance group, *Ted Shawn and His Men Dancers*.

**1958**

4.

Most modern dancers practice this many times a week.

**1954**

5.

Martha Graham founded the Martha Graham Dance Company in this year.

**1926**



## Key Words Match-Up

Write the words from the list below in the box above the correct definition for each word.

NAME

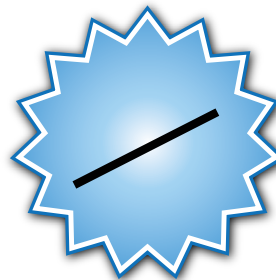
DATE

### KEY WORDS

audition  
choreography  
companies  
contraction  
disciplined

emotion  
horizontal  
kinesiology  
leotards  
structured

Your  
Score is



=

%

1.

groups of professional dancers

2.

flat or parallel to the ground

3.

the ability to make oneself do the right thing

4.

made up of certain types of steps and movements

5.

to give a short performance as a test

6.

a state of feeling

7.

the arrangement of steps and movements for a dance

8.

form-fitting one-piece clothes usually worn by dancers

9.

the tensing of a muscle

10.

the study of how the body moves



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Reference: All Pages

## Quiz

Test your knowledge by answering these quiz questions.

NAME

DATE

1

What is the goal of modern dance?

2

Why do modern dancers typically not wear elaborate costumes?

3

What does keeping your weight on the balls of your feet do?

4

What is the Humphrey technique?

5

Why did modern dance begin in the 1900s?

6

What do modern dance teachers encourage students to study today?

7

Why do modern dancers usually not wear shoes?

8

Who are two dancers that began experimenting with light and costume?

9

What is the Graham technique?

10

What do men wear to modern dance?



## Quiz Answer Key

Compare your quiz answers with the answer key below.

NAME

DATE

- 1** To express human emotion
- 2** They do not want to limit their motion.
- 3** Allows quick and smooth movement
- 4** Controlled falling
- 5** To break from ballet
- 6** Choreography and kinesiology
- 7** To feel the floor
- 8** Loie Fuller and Isadora Duncan
- 9** Contraction and release
- 10** T-shirts



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