

True or False

Follow the instructions to complete the activity.

NAME

DATE

Using the information in *Ballet*, verify whether the following information is true or false. Check your answers in the book. List the page number where you found your information beside your answer.

Statement 1

The first ballet dancers were mostly men and boys.

- ☐ True
☐ False

Page
Number

Statement 2

Most early ballets were performed for the Italian royal court.

- ☐ True
☐ False

Page
Number

Statement 3

Ballet shoes are made of soft leather.

- ☐ True
☐ False

Page
Number

Statement 4

Ballet is based on six basic steps. These steps are also known as positions.

- ☐ True
☐ False

Page
Number

Statement 5

An arabesque is done on one leg.

- ☐ True
☐ False

Page
Number



Fill in the Blanks

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Use the information found in *Ballet* to help you complete the following activity.

1. Modern music and dance styles have brought more to the ballet.
2. When practicing, girls usually wear and tights.
3. Ballerinas sometimes wear pointe shoes. These shoes have a inside the toe end.
4. Ballet classes usually start with exercises.
5. Most have a ballet company.
6. Today, there are different styles of ballet. Some ballets are classic. Newer styles might use music.



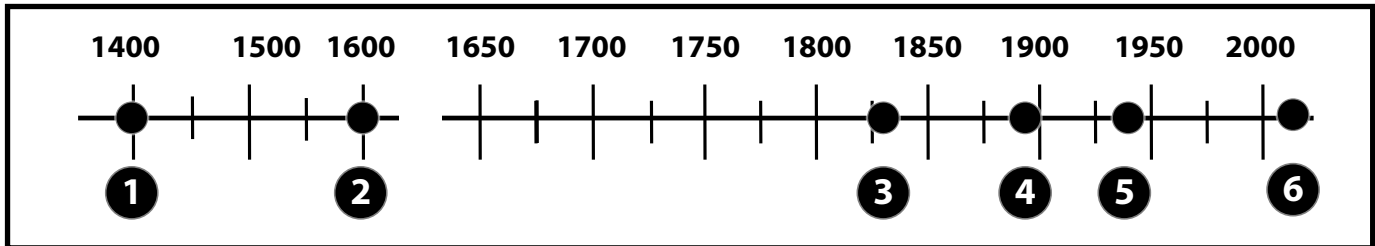
Timeline

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Number the events below in the order they should appear on the timeline. Write the number in the box beside each event. Check your answers with pages 10–11 of the book.



While older ballets continue to be performed, modern movement, music, and technology are embraced by the ballet world and used to further the craft.

Professional ballet companies begin to develop in France and other parts of Europe.

Maria Taglioni becomes the first ballet dancer to perform a full-length ballet en pointe.

The Nutcracker ballet is created in Russia by Marius Petipa. It goes on to become a Christmas tradition for many families.

The American Ballet Theatre is founded. It is now one of the world's best-known dance companies.

Ballet makes its first appearance in Italy, where it served as a form of entertainment for the Italian courts.



Try It Out

Follow the instructions to complete the activity.

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Using the information in the *Ballet*, put the steps showing how to do a rond de jambe in the correct order. Write the correct number in the box beside each step. Check your answers with pages 22–23 of the book.

Plant one foot firmly.

Keep your toe pointed. Move your leg from the front to the side and then to the back.

Complete the move by closing in first position. Keep your toe on the floor through the entire move.

Brush the other foot forward with your toe pointed.



Complete the statements by entering the correct number in the box.

1.

Ballet dancers can spend up to this many hours practicing for a performance.

200

2.

The first full-scale ballet was performed in this year. It was called *The Queen's Comic Ballet*.

1669

3.

A French king started the first ballet school in this year.

1.5

4.

A male ballet dancer may lift up to this many tons of ballerina weight in a single performance.

5,000

5.

Paris, France, is believed to have had more than this many dancing schools in the 1600s.

1581



Key Words Match-Up

Write the words from the list below in the box above the correct definition for each word.

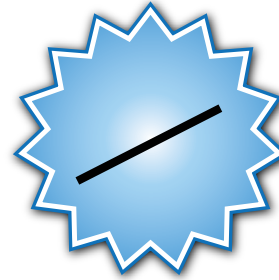
NAME

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KEY WORDS

audition	leotards
barre	mime
choreographer	principals
en pointe	professional
gestures	

Your Score is



=

%

1.

movements of one's body to express an idea

2.

on the tips of the toes

3.

making money by doing something that other people do for fun

4.

a horizontal wooden bar attached to the wall that dancers use for support while they exercise

5.

contaminate a person or object a short performance to test a performer's ability

6.

an acting technique made up of gestures, movement, and facial expressions performed without speech

7.

a person who creates dance routines

8.

the highest-ranking dancers in a company

9.

form-fitting one-piece clothing usually worn by dancers



Quiz

Test your knowledge by answering these quiz questions.

NAME

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- 1** Where did ballet first begin?
- 2** Why are ballet terms in French?
- 3** Who was the first dancer to perform a full-length ballet en pointe?
- 4** Which ballet is now a Christmas tradition around the world?
- 5** How many pointe shoes can a ballerina dance through in a year?
- 6** What type of exercises are performed at the start of a ballet class?
- 7** What is a pirouette?
- 8** Besides dancers, who are some of the people that make up a dance company?

