

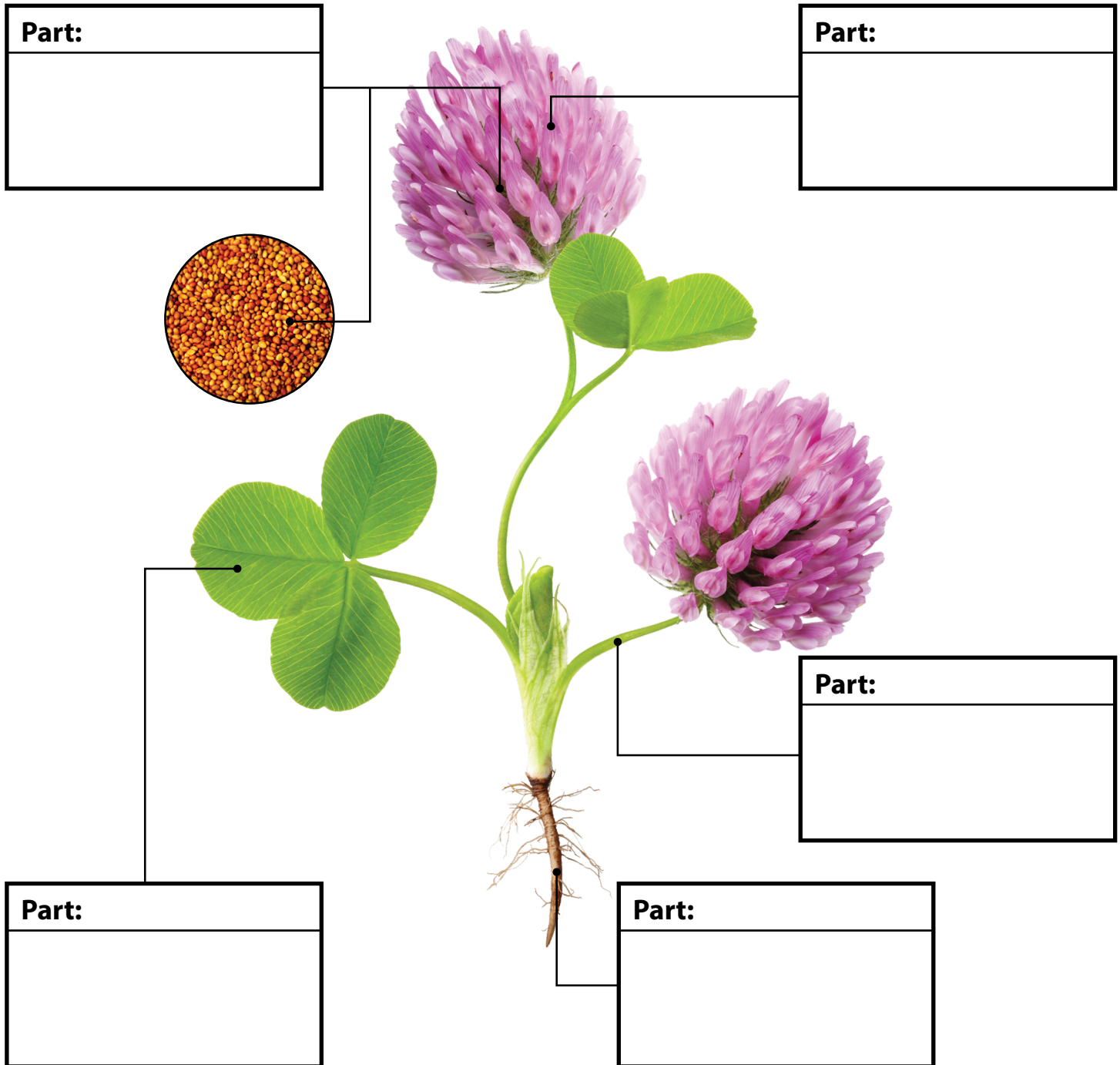
What Is an Herb?

Follow the instructions to complete the activity.

NAME

DATE

Using the space provided, label each part of the herb below. Then, write a short sentence or two describing each part. Check your answers on page 5 of the book.



Herbaceous Plant Life Cycle

Follow the instructions to complete the activity.

NAME

DATE

Using the boxes below, write a short sentence or two describing each stage of an herbaceous plant's life cycle. Check your answers on pages 8 and 9 of the book.



Seed



Roots



Seedling



Flowers



Pollination



Use the information found in *Herbs* to help you complete the following activity.

1. Some herbs can be used as medicine. Peppermint is often made into a to help soothe an upset stomach.
2. If you want to grow a successful garden, you have to start with the right .
3. Planting herbs in the fall lets their grow big enough to last through winter until spring.
4. Seasonings that come from the roots, stem, bark, seeds, or fruit of a plant are called .
5. Most herbs require water about per week, when the soil feels dry to the touch.
6. Finely chopping fresh herbs releases more , which makes the herbs taste better.



True or False

Follow the instructions to complete the activity.

NAME

DATE

Using the information found in *Herbs*, verify whether the following statements are true or false. List the page number where you found the information beside your answer.

Statement 1

It is best to harvest your herbs regularly to help encourage new growth.

☐ True

☐ False

Page
Number

Statement 2

Located at the U.S. National Arboretum, the National Herb Garden was constructed in 1980.

☐ True

☐ False

Page
Number

Statement 3

Recipes often require smaller amounts of dried herbs because they have a milder flavor than fresh herbs.

☐ True

☐ False

Page
Number

Statement 4

One reason basil is such a popular herb choice is because it can be grown almost anywhere.

☐ True

☐ False

Page
Number

Statement 5

Most people plant herbs in the fall.

☐ True

☐ False

Page
Number



The Planting Process

Follow the instructions to complete the activity.

NAME

DATE

Using information from *Herbs*, show how to plant an herbaceous plant by putting the steps below in the correct order. In the box beside each description, write the number that corresponds to the appropriate step. Check your answers with page 19 of the book.



1



2



3



4



5

Place the seed or seedling in the hole.

Use your trowel to loosen the soil.

Use your watering can to soak the soil around the seed or seedling.

Put the soil back in the hole and gently push it down with your hands. If planting a seedling, push the soil around the plant.

Dig a small hole for the herb seed or seedling. Be sure to check the recommended planting depth, as this varies from herb to herb.



Herbs Quiz

Test your knowledge of herbs by answering these quiz questions.

NAME

DATE

1

Which herb can be used to make pickles?

2

What is the best-selling herb in the United States?

3

Herbs are which part of a plant?

4

What carries pollen from one flower to another?

5

Which farm has the biggest selection of herbs and spices in California?

6

What are three factors to consider for your herbs to grow and stay healthy?

7

What are three examples of perennial herbs?

8

Why is it a good idea to label your herbs?

9

When is the best time to harvest your herbs?

10

Why must you weed your herb garden?



Key Words Match-Up

Write the words from the list below in the box above the correct definition for each word.

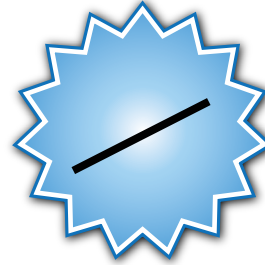
NAME

DATE

KEY WORDS

arboretums	grow light
bloom	harvest
botanical	herbaceous plants
compost	nutrients
garnish	pollen

Your
Score is



=

%

1.
to pick or collect
2.
relating to plants
3.
a decoration that adds color or flavor to a plate of food
4.
a dust made by plants that helps them develop seeds
5.
when a mature flower produces a colorful head to attract pollinators
6.
a lamp used for growing plants indoors that emits light similar to that of the Sun
7.
places where trees, shrubs, and other plants are grown for scientific and educational purposes
8.
substances that promote growth
9.
decaying plant material used for nutrients in the soil
10.
soft plants with little or no woody tissue

