

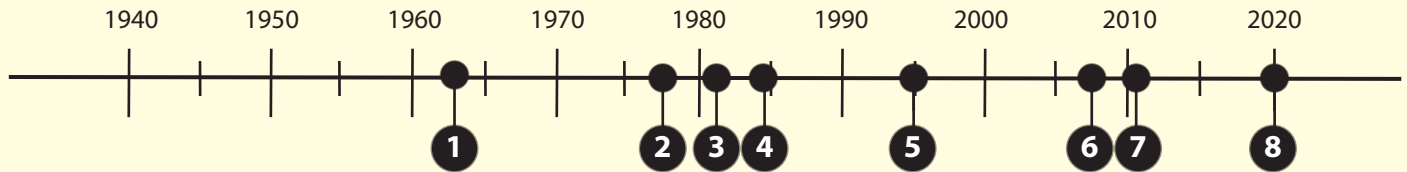
Timeline Activity

Follow the instructions to complete the activity.

NAME

DATE

Number the events below in the order they would appear on the timeline. Write the number in the box beside each event.



The International BMX Federation is founded.

The Stingray bicycle is made. Young people use it to perform tricks.

The American Bicycle Association (ABA) is formed to create rules for BMX racing and tricks.

BMX Park becomes an Olympic sport.

BMX events are part of the first X Games.

Anne-Caroline Chausson of France wins the first Women's Cycling BMX Olympic gold medal.

USA BMX is formed. It brings together the American Bicycle Association and the National Bicycle League.

Freestyle BMX becomes an official sport when the American Freestyle Association is formed.



True or False

Follow the instructions to complete the activity.

NAME

DATE

Using the information in *BMX*, verify whether the following information is true or false. Check your answers in the book. List the page number where you found your information beside your answer.

Statement 1 True False Page Number

Statement 2 True False Page Number

Statement 3 True False Page Number

Statement 4 True False Page Number

Statement 5 True False Page Number



Use the information found in BMX to fill in the correct words and complete each sentence.

1. BMX bicycles have only one . This makes them easy to use for this style of racing.
2. BMX freestyle riders wear that let them move and pants that will not get caught on the bicycle.
3. BMX was invented by who were doing motocross stunts on road bikes.
4. The event takes place on a halfpipe that launches riders high in the air.
5. BMX riding can be done almost anywhere there is pavement, , or wood.
6. Common tricks riders do in the Park event are tailwhips and .



Map Activity

Follow the instructions to complete the activity.

NAME

DATE

Using the information on pages 24–25 of the book, fill in each blank with the name of the BMX park found in its matching location. Use information found in the book and research online to briefly explain why each location is important or unique.











Using information from the book, select an answer from the right and write its letter in the box beside the correct statement.

In the United States, 70 percent of BMX riders are younger than this age.

A. 3

BMX bikes have this-many-inch wheels.

B. 27

Riders get 60 seconds and this many runs to show off their tricks in Vert events.

C. 20

The Big Air height record was set at this many feet above the quarterpipe.

D. 24

Garrett Reynolds was already competing in BMX events at this age.

E. 12



Key Words Match-Up

Write the words from the list below in the box above the correct definition for each word.

NAME

DATE

KEY WORDS

athletes	halfpipes
axles	logo
backflips	motocross
drop-in	quarterpipes
double flair	tailwhips



Your Score is

_____ %

1.

tricks done when the rider does a backwards somersault in the air

2.

two ramps that curve inward and are facing each other with an area of flat ground between them

3.

the symbol or image a company uses to represent itself

4.

ramps that curve inward

5.

cylinders that attach the wheels to the bike and allow the wheels to spin

6.

beginning to go down a ramp

7.

a sport in which specially designed motorcycles are raced on dirt and concrete tracks or used to perform tricks

8.

people who train for and take part in sporting events

9.

tricks done when the back end of the bike spins all the way around while the front end remains in one place

10.

a double backflip while spinning



NAME

DATE

1 In what year were the first X Games held?

2 What does a sponsor help BMX riders with?

3 What are the five BMX disciplines in the X Games?

4 When was the Stingray bicycle built?

5 Who won gold in the 2019 Big Air event?

6 How many riders compete in the Park event?

7 What is the most important piece of safety equipment for a BMX rider?

8 How long do runs last in the Vert competition?

9 How many inches is the diameter of a standard BMX wheel?

10 How long is the drop from the top of the MegaRamp in the Big Air event?

