

NAME

DATE

Use the information found in *Optimism* to fill in the missing words in each sentence.

1. Optimists know that everyone makes mistakes when trying something .
2. A person with a negative attitude is called a .
3. Having negative thoughts about yourself or situations you face will make you feel less .
4. Optimists use positive thinking to make and take action to reach their goals.
5. When you face a setback, try to keep your mind open to different .
6. A is someone who acts in a way that sets a good example for others.

