

Picture Description Match

Follow the instructions to complete the activity.

NAME

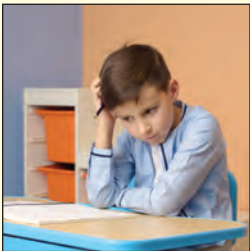
DATE

Look at the pictures of people, objects, or actions associated with integrity.
Write the letter for each sentence in the box beside the picture that it matches.



A

Following through on what you say you are going to do



B

Following the rules



C

Taking responsibility for your actions



D

Working together



E

Treating others with kindness, honesty, and integrity, and receiving much of the same in return

Using information found in *Integrity*, verify whether the following statements are true or false. Check your answers in the book. If the answer is false, write the correct answer below the statement. List the page number where you found the information beside your answer.

Statement 1

When you live your life with integrity, you are not staying true to your morals or values.

☐

True

☐

False

Page
Number

Statement 2

One way to show integrity is to help others by standing up for what is right.

☐

True

☐

False

Page
Number

Statement 3

Having integrity means you should act or behave in a certain way.

☐

True

☐

False

Page
Number

Statement 4

Integrity in the community is more important as integrity at home and at school.

☐

True

☐

False

Page
Number

Statement 5

Acting with integrity is not always easy. It can be difficult.

☐

True

☐

False

Page
Number





Building Integrity

Follow the instructions to complete the activity.

NAME

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Consider how you can build integrity by answering these questions using your own words and examples from your own life.

1. Why do you think integrity is important?

2. How can you demonstrate your integrity at home?

3. How can you demonstrate your integrity at school?

4. How can you demonstrate your integrity in your community?

5. How can you encourage others to show integrity?



Use the information found in *Integrity* to fill in the missing words in each sentence.

1. Your and values have an effect on your integrity.
2. People with integrity follow through on what is asked of them, even when no one is .
3. Your classmates and teacher need to know you will follow classroom , such as raising your hand to speak or treating peers with respect.
4. When people use integrity to act and make decisions based on their beliefs, they are less likely to their choices.
5. The BE ONE Project encourages kids to reflect on how their affect others.
6. Personal values often form from your family's and values.





Write a Letter

Follow the instructions to complete the activity.

NAME

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After completing the activity on page 22, write a letter to one of the people featured in one of the situations. What did the situation teach you about integrity? What actions would you recommend the person take? Can you think of examples in the past when you have practiced integrity in a way that relates to the person's situation? What did you do?



Key Words Match-Up

Write the words from the list below in the box above the correct definition for each word.

NAME

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KEY WORDS

accountable
commitment
inclusive
morals
reflect

reliable
respect
responsibility
standards
values

**Your
Score is**



%

1.
to think back on something
2.
the quality of being reliable
or dependable
3.
someone who can be trusted
4.
a promise to do something
5.
things or qualities held to high esteem,
or having importance to a person

6.
to take responsibility for actions
7.
morals, ethics, and values that
determine thoughts and behaviors
8.
describing a group or space that is
accepting or welcoming to all
9.
giving things or people the attention
they deserve
10.
practices or beliefs held by a person,
based on what is believed to be right
and wrong





Quiz

Test your knowledge by answering these quiz questions.

NAME

DATE

1

Is it always easy to act with integrity?

2

How many people around the world have some form of visual impairment?

3

What is a name for something a person strongly believes?

4

In 2017, what percent of U.S. students between 12 and 18 years old experienced bullying?

5

When you treat others with kindness, honesty, and integrity, what do you receive in return?

6

What does integrity develop from?

