

Picture Description Match

Follow the instructions to complete the activity.

NAME

DATE

Look at the pictures of people, objects, or actions associated with grit.
Write the letter for each sentence in the box beside the picture that it matches.



A

Training to run in a race for charity



B

Practicing something again and again



C

Giving advice to someone who has failed



D

Persevering at school



E

Following through to finish what you start



Using information found in *Grit*, verify whether the following statements are true or false. Check your answers in the book. If the answer is false, write the correct answer below the statement. List the page number where you found the information beside your answer.

| | | | | |
|-------------|--|---|-------------|----------------------|
| Statement 1 | Showing grit means trying one winning strategy and getting it right the first time. | <input type="checkbox"/> True <input type="checkbox"/> False | Page Number | <input type="text"/> |
| Statement 2 | People with grit finish what they start and resist giving up. | <input type="checkbox"/> True <input type="checkbox"/> False | Page Number | <input type="text"/> |
| Statement 3 | Only 15 percent of the plastic bags used in the United States each year are recycled. | <input type="checkbox"/> True <input type="checkbox"/> False | Page Number | <input type="text"/> |
| Statement 4 | A community is a group of people who live, work, and play in a place. | <input type="checkbox"/> True <input type="checkbox"/> False | Page Number | <input type="text"/> |
| Statement 5 | When you see someone fail or get discouraged, you can encourage grit by telling them to give up. | <input type="checkbox"/> True <input type="checkbox"/> False | Page Number | <input type="text"/> |





Building Grit

Follow the instructions to complete the activity.

NAME

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Consider how you can build grit by answering these questions using your own words and examples from your own life.

1. Why do you think grit is important?

2. How can you demonstrate your grit at home?

3. How can you demonstrate your grit at school?

4. How can you demonstrate your grit in your community?

5. How can you encourage grit in others?



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Use the information found in *Grit* to fill in the missing words in each sentence.

1. Grit is a mindset that includes the character qualities of and determination.
2. Grit helps you to keep going until you reach your .
3. You can learn to look at as challenges, and view challenges as opportunities.
4. Each time you , you learn more about who you are.
5. Most kids find difficult from time to time, especially when they are learning something new.
6. When you in something, it is easier to keep going.





Write a Letter

Follow the instructions to complete the activity.

NAME

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After completing the activity on page 22, write a letter to a friend describing how you have matched one of the statements on the page in your own life. What did you learn about maintaining a gritty attitude? Did you learn anything you can apply elsewhere in your life? Are there any goals you would like to encourage your friend to accomplish?



Key Words Match-Up

Write the words from the list below in the box above the correct definition for each word.

NAME

DATE

KEY WORDS

| | |
|---------------|--------------|
| attitude | obstacles |
| benefit | perseverance |
| commitment | persistence |
| determination | resilient |
| mindset | strategies |

Your Score is



_____ %

1.

the quality of being firm, or having strength of mind and character

2.

persistence in a course of action despite difficulties

3.

plans for achieving a goal

4.

a feeling, mood, or way of thinking

5.

recovering or springing back after a challenge

6.

an advantage or something that is good

7.

an intention, attitude, or mood

8.

a promise to do something

9.

determined continuance of action

10.

things or events that get in the way



NAME

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1

How can setting a goal for yourself help you build grit?

2

What does following through to finish what you start help show others?

3

How many games did it take for the Climax-Fisher Knights to break their losing streak?

4

Who has the ability to develop grit?

5

How many years can it take for a plastic bag to break down in a landfill?

6

What is a community?

