

# Picture Description Match

Follow the instructions to complete the activity.

NAME

DATE

Look at the pictures of people, objects, or actions associated with empathy.  
Write the letter for each sentence in the box beside the picture that it matches.



**A**

Showing empathy by listening to what others have to say



**B**

Showing empathy at school



**C**

Showing empathy can help you build strong friendships throughout your life



**D**

Expressing empathy at home



**E**

Helping others in a community



Using information found in *Empathy*, verify whether the following statements are true or false. Check your answers in the book. If the answer is false, write the correct answer below the statement. List the page number where you found the information beside your answer.

Statement 1	<input type="text" value="Empathy is a skill you can develop."/>	<input type="checkbox"/> True	Page Number	<input type="text"/>
		<input type="checkbox"/> False		
Statement 2	<input type="text" value="Showing empathy at school helps others see that you can be a good friend."/>	<input type="checkbox"/> True	Page Number	<input type="text"/>
		<input type="checkbox"/> False		
Statement 3	<input type="text" value="Approaching a problem with empathy can help you deal with it unfairly."/>	<input type="checkbox"/> True	Page Number	<input type="text"/>
		<input type="checkbox"/> False		
Statement 4	<input type="text" value="Buddy Benches can be found in museums around the world."/>	<input type="checkbox"/> True	Page Number	<input type="text"/>
		<input type="checkbox"/> False		
Statement 5	<input type="text" value="Listening is more than just hearing what others say—it is understanding what you hear."/>	<input type="checkbox"/> True	Page Number	<input type="text"/>
		<input type="checkbox"/> False		





# Building Empathy

Follow the instructions to complete the activity.

NAME

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Consider how you can build empathy by answering these questions using your own words and examples from your own life.

1. Why do you think empathy is important?

2. How can you build your empathy at home?

3. How can you build your empathy at school?

4. How can you build your empathy in your community?

5. How can you encourage empathy in others?



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Use the information found in *Empathy* to fill in the missing words in each sentence.

1. When you express empathy toward others, you are a  for them to follow.
2. You can show and develop empathy by taking time to listen to others express their feelings, and by being  of what they say.
3. To be  is to look at things from many different points of view and be accepting of many ways to think or do things.
4. To  something means to recognize that it is important.
5. It is important not to make  before learning a person's point of view.
6. It is important for family members to feel that they are  by each other.





# Write a Letter

Follow the instructions to complete the activity.

NAME

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After completing the activity on page 22, choose one of the situations and write a letter to a friend describing what you would do. Who would you write the letter to? What were some things you discovered about your own empathy? Do you have anything you would like to share with your friend about your feelings? Do you have any question about your friend's feelings?



# Key Words Match-Up

Write the words from the list below in the box above the correct definition for each word.

NAME

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## KEY WORDS

assumptions	perspective
circumstances	respectful
compassion	role model
conflict	situation
express	value

Your Score is



\_\_\_\_\_ %

1.   
a clash or incompatible difference of ideas, interests, or goals

2.   
a person's view or way of thinking about something

3.   
things supposed to be true without evidence; taken for granted

4.   
to place importance on something

5.   
a person who is respected by others

6.   
circumstances or position at a given moment

7.   
conditions or details of a situation, time, or place

8.   
describing someone who is polite and gives appropriate attention to others

9.   
feeling concern for another

10.   
to show or put into words and actions



NAME

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**1** Can anyone develop empathy?

**2** What is Halifax's coldest month?

**3** What does it mean to value something?

**4** How many schools in the United States have buddy benches?

**5** What is called when you look at things from many different points of view and are accepting of many ways to think or do things?

**6** How many homeless people live in the United States?

