



Building Empathy

Follow the instructions to complete the activity.

NAME

DATE

Consider how you can build empathy by answering these questions using your own words and examples from your own life.

1. Why do you think empathy is important?

2. How can you build your empathy at home?

3. How can you build your empathy at school?

4. How can you build your empathy in your community?

5. How can you encourage empathy in others?

