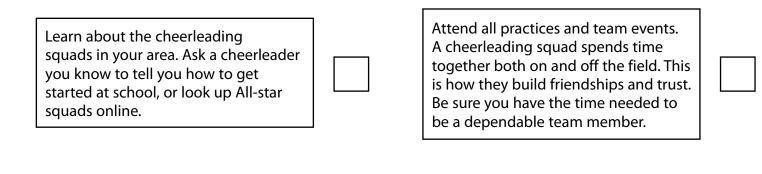


NAME

DATE

Using information you have read in the book, put the steps showing how to be on a cheerleading squad. Write the correct number in the box beside each step. Check your answers with pages 18–19 of the book.



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Get fit and eat healthily. All members of a cheerleading squad must be strong and healthy. Build up your endurance by running. Get stronger by working out. Be a good teammate. Have a good attitude. Cheerleaders are known for being positive and enthusiastic. This begins with being helpful to your squad.



Cheerleading Cheerleading Squads Reference: Pages 18-19



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