

Getting Involved

Follow the instructions to complete the activity.

NAME

DATE

Using information you have read in the book, put the steps showing how to build team unity and individual skill. Write the correct number in the box beside each step. Check your answers with pages 18–19 of the book.

If you are on a cheerleading squad, think about your team's goals for next season. Are you beginners? If so, consider a general cheerleading camp. Are you ready to work on more specific skills? A stunt camp or choreography camp might be better.

Choose between a day camp or an overnight camp. Overnight camps are the most popular option. You can also consider a day camp. Day camps are held by local sports associations or schools.

An overnight camp might be too far away. Contact UCA or NCA. Ask if they can create a camp near you. Overnight camp might be too expensive for your team. You can ask your coach to run a day camp at your school.

After you have chosen a camp, you may need to raise money. Money pays for travel and fees. There are many fun options for raising money. Your team can provide a service. Try hosting a car wash and charging money. You can create and sell calendars. You could run a fashion show and take donations for entry.

