

True or False

Follow the instructions to complete the activity.

NAME

DATE

Using the information in *Cheerleading Basics*, verify whether the following information is true or false. Check your answers in the book. List the page number where you found your information beside your answer.

Statement 1	In a back handspring, cheerleaders start by crouching.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number	<input type="text"/>
Statement 2	Most squads practice every month.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number	<input type="text"/>
Statement 3	Lawrence "Herkie" Herkimer is known as the founding father of cheerleading.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number	<input type="text"/>
Statement 4	Stretching keeps muscles strong and healthy.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number	<input type="text"/>
Statement 5	The U.S. All Star Federation sets cheerleading safety guidelines.	<input type="checkbox"/> True <input type="checkbox"/> False	Page Number	<input type="text"/>

